

Taekwon-Do Seminar with Master Salton & Patterson

Don't miss this opportunity to train with two of ITKD's newest masters who have between them over 70 years of experience and a wealth of knowledge in all aspects of Taekwon-Do.

This seminar is a fundraiser for members of their respective clubs to help them with costs for the Ireland world championships.

Date & time:

Sunday September 24th 9.00am – 4.00pm.

There will be 4 stations, 2 in the morning and 2 in the afternoon. Master Patterson will cover ITF patterns & power breaking while Master Salton will cover free sparring and self-defense. Each session will run for 1.5 hours.

Master Salton has been involved with Taekwon-Do for over 42 years. He has represented New Zealand both as a competitor and as a national coach. He is a member of the New Zealand martial arts hall of fame, the Australian martial arts hall of fame and the world karate union hall of fame. He has also contributed to the ITFNZ self-defense syllabus and has a wide knowledge of sparring.

Master Patterson has been involved in Taekwon-Do for over 30 years; he has represented New Zealand in competition winning the top black belt trophy at the 2005 Polish world championships? He is currently the national team coach and the wellington IDO (Instructor development officer).

Session time table:

8.30am register and pay

9.00am – 10.30am - Master Patterson (Patterns) group 1 (White - blue belt)

9.00am – 10.30am - Master Salton (Free Sparring) group 2 (Red – black belt)

10.35am – 12.05pm - Master Patterson (Patterns) group 2

10.35am – 12.05pm - Master Salton (Free Sparring) group 1

12.05pm – 12.45pm Lunch

12.45pm - 14.15pm - Master Patterson (Breaking) group 1

12.45pm – 14.15pm - Master Salton (Self-Defense) group 2

14.20pm – 15.50pm - Master Patterson (Breaking) group 2

14.20pm – 15.50pm - Master Salton (Self-Defense) group 1

15.50pm – 4.00pm - Questions & Answers

Groups will be divided into grades – Group 1 - 10th – 3rd Gup
Group 2 – 2nd Gup – 1/2/3/4th Dan and above

Cost for this event is \$50 pp or \$85 for 2 from one family & \$110 for three from one family and an additional \$5 per extra family member.

Limited to forty students only first in first served. Pay on the day. If you have registered and don't turn up you will be charged for the course as your place has been booked, unless plenty of notice has been given and a replacement has been found.

Venue Horowhenua Events centre, Victoria Street, Levin.

Both Master Salton & Master Patterson are the examiners for the December black belt grading, so this would be a great opportunity to go over some of the things that you will do during that grading and train with the examiners who will be grading you.